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University Physics 226N/231N Old Dominion University

Work, Energy, Power, and Energy Conservation



Dr. Todd Satogata (ODU/Jefferson Lab) satogata@jlab.org

http://www.toddsatogata.net/2012-ODU

Wednesday, October 3 2012 Happy Birthday to Gwen Stefani, India Arie, Keb' Mo', and Stevie Ray Vaughan! Happy Caramel Custard Day, Techies Day, and Virus Appreciation Day!



Review: Work

- Impulse is useful, but another combination is even moreso
 - We define work W as net force applied times the distance its applied in
 - The force can be different at various spots so we really need to add together (roughly constant) force over small distances
 - This is really another integral, like impulse. It's a scaler (units: 1 J=1 N-m)

$$W \equiv \int F \, dx$$

work in one dimension

The work done in moving this

distance Δx is approximately . . .

• Making the rectangles smaller makes the approximation more accurate.

The exact value for the work is the area under the force-versus-position curve.



Review: Integrals



- An integral is really a combination of two things:
 - A sum of rectangular areas that are sketched "under" a curve
 - Since these are areas, the integral has the same units as the units of the x-axis times the units of the y-axis whatever those are.
 - In physics, we must pay careful attention to units of the axes.
 - A limit of that sum of areas as the width of each rectangle gets smaller and smaller (and approaches zero)
 - We add together more and more rectangles in this process
 - There are **definite** and **indefinite** integrals

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Examples of Work (from a Physicist ©)



Work is really a bookkeeping tool

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- We'll relate it to how the **energy** of an object or system changes
- We only count force and displacement in the same direction
- Forces applied perpendicular to Δx or when $\Delta x=0$ do no work!
 - Holding an object still against gravity, or moving it horizontally
 - Static frictional forces (since there is no Δx)



The work done by something lifting an object of mass *m* against gravity depends only on the vertical distance h:



$$W = mgh$$

- The work is **positive** if the object is raised (moved against the force of gravity) and negative if it's lowered (moved with the force of gravity).
- The horizontal motion only does (positive) work that is lost to friction



Work Done in Stretching a Spring

- A spring exerts a force $F_{\text{spring}} = -kx$
- Someone stretching a spring exerts a force $F_{\rm stretch} = +kx$, and the work done is

$$W = \int_0^x F(x) \, dx = k \int_0^x x \, dx = \left(\frac{1}{2}kx^2 + c\right) \Big|_0^x = \left[\frac{1}{2}kx^2 = W\right]$$

• Here the work is the triangular area under the plot of force F vs distance stretched x:



Energy

- Energy: the capacity of an object to perform work
 - Energy is what we add up when we do our bookkeeping
 - Work is how energy moves through application of forces
 - We'll see several examples through this class
 - Think of work as "energy exchange" in the bookkeeping
 - If I "do work", I lose energy and it goes somewhere else
 - But it doesn't just disappear
- How do we do the energy bookkeeping for a system?

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- Add up energy from a variety of different sources and things that we know can do work
- Conservation of energy: total energy for a system is constant as the system changes over time
 - This appears to be a true fundamental law of nature
 - If energy changes, the bookkeeping wasn't done right

Energy (J)



Total

Kinetic

otential

Thermal

Some Energy Bookkeeping Terms

- Kinetic energy: energy of object's motion
 KE = ½ mv²
- Gravitational potential energy: energy from the potential of falling a certain distance under constant gravity: PE_g=mg∆y
- Spring potential energy: $PE_s = \frac{1}{2} k(\Delta x)^2$

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Chemical energy, nuclear energy, and others...



velocity v

mass m

m

m

Δy

Work and Net Work

- **Energy**: the capacity of an object to perform work
 - Energy is what we add up when we do our bookkeeping
 - Work is how energy moves through application of forces
- Since work involves transfer of energy, and we want to account for all energy, it's important to account for all forces
- Example: Pulling a box against friction at constant velocity
 - Net sum of forces on box is zero
 - So work done on box is zero
 - But I still do work (I'm exerting a force over a distance)
 - The energy of my work goes into frictional losses

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Example Friction Problem Revisited

- Some problems become **much easier** with conservation of energy
- **Example:** A box sliding to a stop due to friction on a surface
 - If it's got an initial velocity v_0 , how far does it slide before it stops?
 - Initial total energy is all kinetic: $E_{\text{init}} = (1/2)mv_0^2$
 - It stops when it's lost all its energy to friction:

$$E_{\text{friction}} = \mu_k n \Delta x = \mu_k m g \Delta x$$



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Example: Ball Toss

- Consider your professor tossing a juggling ball upwards
 - I do some work on it to add energy to the system
 - The system is now the ball!
- At start, h=0 m and all energy is kinetic energy
- As the ball moves up, potential energy grows and kinetic energy goes down
- At top, all energy is potential energy since v=0 m/s and KE=0 J
 - As the ball comes back down, potential energy is released and kinetic energy grows again

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Tangible: Skate Park (2	20 minutes)	
Tracks	Reset Return Skater Choose Skater	
	 Potential Energy Reference Grid Path Show Path Clear Energy Graphs Show Pie Chart with Thermal Bar Graph Energy vs. Position Energy vs. Time 	
Sins Speed Slow fast	Location Space Moon Earth Jupiter Gravity 9.81 N/kg Space Earth Jupiter Clear Heat Help!	
Let's take a look at a fun simulation of a skate park		

There's a link on the class web page

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The next slide has a few questions to answer



Tangible: Skate Park Questions (20 minutes)

- Lift the skater and watch their motion back and forth
 - Click the "bar graph" button to see this energy graph →
 - Which energy is biggest when the skater is at peak?
 - Which energy is biggest when the skater is at bottom?
 - Click the "grid" button and note the height of the skater at peak on both sides
 - Does this change when you move the center blue dot to change the slopes of both sides of the skater ramp?
 - Click the "Track friction" button and raise the coefficient of friction a little bit
 - How does the energy chart change? Is energy still conserved? What if you didn't count the thermal energy?
 - Play with the plots of energy vs position and vs time
 - Load the "loop.xml" file from the class website (safe it to the desktop and open with applet File/Open menu
 - This is a loop-the-loop! What height do I drop the skater from so he just barely completes the loop the loop?
 - What happens to energy if he falls and bounces?

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Total

Kinetic

otential

Thermal

Energy (J)

Skate Park Loop The Loop

- We investigated the roller coaster loop design problem
- How does energy conservation help us calculate where to start the roller coaster so it makes it safely around the loop?

$$v_{\text{safe}} = \sqrt{gr} \quad \text{(calculated before)}$$
$$E_{\text{init}} = PE_{\text{g}} = mgh$$
$$E_{\text{top}} = \frac{1}{2}mv_{\text{safe}}^2 = \frac{1}{2}mgr$$
$$E_{\text{init}} = E_{\text{top}} \quad \Rightarrow \quad \left[h = \frac{r}{2}\right]$$

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Work in Multiple Dimensions

- Work is adding up (integrating) force along a distance
 - But remember that force perpendicular to the distance moved does no work
 - So what we're really doing is adding up the component of force that is along the direction of motion

$$W = F_x \Delta x = F \Delta x \cos \theta \qquad \overrightarrow{F}$$

$$\theta \qquad \overleftarrow{A} \overrightarrow{F}$$

$$F_x = F \cos \theta \qquad \text{Force along x}$$

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 This process of taking the "product" of two vectors and getting a scaler by looking at the component is a dot product

$$W = \int \vec{F} \cdot d\vec{x} = \int F dx \cos \theta$$



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Power and Energy

Power is the rate at which work is done or at which energy is used or produced. If work ΔW is done in time Δt, then the average power over this time is

$$\bar{P} = \frac{\Delta W}{\Delta t}$$
 (average power)

• When the rate changes continuously, the **instantaneous power** is $\Delta W = dW$

$$P = \lim_{\Delta t \to 0} \frac{\Delta W}{\Delta t} = \frac{dW}{dt}$$

• Power is measured in **watts** (W), with 1 W = 1 J/s.

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 Total work or energy follows from power by multiplying (for constant power) or integrating (for varying power):

$$W = P\Delta t$$
 or $W = \int_{t_1}^{t_2} P dt$



A Varying Force in Multiple Dimensions

- In the most general case, an object moves on an arbitrary path subject to a force whose magnitude and whose direction relative to the path may vary with position.
- In that case the integral for the work becomes a line integral, the limit of the sum of scalar products of infinitesimally small displacements with the force at each point.



Conservative and Nonconservative Forces

- A **conservative force** stores any work done against it, and can "give back" the stored work as kinetic energy.
- For a conservative force, the work done in moving between two points is independent of the path:



Because the work done by a conservative force is path independent, the work done in going around any *closed path* is zero:

$$\oint \vec{F} \cdot d\vec{r} = 0$$

A nonconservative force does not store work done against it, the work done may depend on path, and the work sone going around a closed path need not be zero. Prof. Satogata / Fall 2012 ODU University Physics 226N/231N 18

Conservative and Nonconservative Forces

- Examples of conservative forces include
 - Gravity
 - The static electric force
 - The force of an *ideal* spring (i.e. no heat generated)
- Nonconservative forces include
 - Friction

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• The electric force in the presence of changing magnetism



Potential Energy

- The "stored work" associated with a conservative force is called **potential energy**.
 - Potential energy is stored energy that can be released as kinetic energy.
- The change in potential energy is defined as the negative of the work done by a conservative force acting over any path between two points:

$$\Delta U_{\rm AB} = -\int_{A}^{B} \vec{F} \cdot d\vec{r}$$

- Potential energy change is independent of path.
- Only *changes* in potential energy matter.

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 We're free to set the zero of potential energy at any convenient point.

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Two Common Forms of Potential Energy

• Gravitational potential energy stores the work done against gravity:

 $\Delta U = mg \ \Delta y$

- Gravitational potential energy increases linearly with height *y*.
- This reflects the *constant* gravitational force near Earth's surface.
- Elastic potential energy stores the work done in stretching or compressing springs or spring-like systems:

$$U = \frac{1}{2}kx^2$$

- Elastic potential energy increases *quadratically* with stretch or compression *x*.
 - This reflects the linearly increasing spring force.
 - Here the zero of potential energy is taken in the spring's equilibrium configuration.

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Conservation of Mechanical Energy

 By the work-energy theorem, the change in an object's kinetic energy equals the net work done on the object:

$$\Delta K = W_{net}$$

- When only conservative forces act, the net work is the negative of the potential-energy change: $W_{net} = -\Delta U$
- Therefore when only conservative forces act, any change in potential energy is compensated by an opposite change in kinetic energy:

$$\Delta K + \Delta U = 0$$

Equivalently,

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$$K + U = \text{constant} = K_0 + U_0$$

Both these equations are statements of the law of conservation of mechanical energy.



Examples

- A spring-loaded dart gun
 - What's the dart's speed?



• $K + U = K_0 + U_0$ becomes $\frac{1}{2}mv^2 + 0 = 0 + \frac{1}{2}kx^2$ • So $v = \sqrt{k/m}x$ where x is the initial spring • oppression. efferson Lab Prof. Satogata / Fall 2012

- A spring and gravity
 - How high does the block go?





• $K + U = K_0 + U_0$ becomes $0 + mgh = 0 + \frac{1}{2}kx^2$

• So
$$h = \frac{kx^2}{2mg}$$



Potential-Energy Curves

- Potential-energy curves depict a system's potential energy as a function of position or other quantities representing the system's configuration.
- An object with a given total energy can be "trapped" in a "potential well" established by points where its total energy equals its potential energy.
- These points are turning points, beyond which the object cannot move given its fixed total energy.

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Potential-energy curves for a roller-coaster car with three different total energies:





Potential-Energy Curve for a Molecule

- Potential-energy curves help determine the structure of systems, from molecules to engineered systems to stars.
- The potential-energy curve for a pair of hydrogen atoms shows potential energy as a function of atomic separation.
 - The minimum in the graph shows the equilibrium separation of the H_2 molecule.
 - It's convenient to take the zero of potential energy at infinite separation.
 - Then negative energies represent bound states of the hydrogen molecule.
 - Positive states represent separated hydrogen atoms.

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Force and Potential Energy

- Force is greatest where potential energy increases most rapidly.
- Mathematically, the component of force in a given direction is the negative derivative of the potential energy with respect to position in that direction:



Interlude: The Curve of Binding Energy



Summary

- Potential energy is stored energy that can be converted to kinetic energy.
- The change in potential energy is the negative of the work done by a conservative force as an object is moved on any path between two points: $\Delta U = -\int_{A}^{B} F \cdot dr$
- When only conservative forces act, the total mechanical energy K
 + U is conserved:
 A block is against a compressed spring; is energy is all
 Later, the block is moving. It still has the same energy

still moving but slope. At the bottom potential. but now it's kinetic. more slowly. The its energy is all sum of its kinetic kinetic. and potential energy equals its initial energy. Energy Potential-energy curves describe potential energy as a function of position or configuration. **rce** is the negative derivative of potential energy: $F_x = -dU/dx$ lefferson Lab ODU University Physics 226N/231N Prof. Satogata / Fall 2012

- Suppose it takes the same amount of work to push a trunk across a rough floor as it does to lift a weight the same distance straight upward. How do the amounts of work compare if the trunk and the weight are moved instead on curved paths between the same starting and ending points?
 - A. The two amounts of work will remain equal to each other.
 - B. The amount of work to move the trunk will be greater.
 - C. The amount of work to move the weight will be greater.



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- Gravitational force actually decreases with height, but that decrease is negligible near Earth's surface. To account for the decrease, how would the exact value of the potential-energy change associated with a height change *h* compare with *mgh*, where *g* is the gravitational acceleration at Earth's surface?
 - A. The potential energy change would be equal to *mgh*.B. The potential energy change would be greater than *mgh*.C. The potential energy change would be less than *mgh*.



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- A bowling ball is tied to the end of a long rope and suspended from the ceiling. A student stands at one side of the room, holds the ball to her nose, and then releases it from rest. Should she duck as it swings back?

A. She should duck!

B. She does not need to duck.









 This figure shows the potential energy for an electron in a microelectronic device. From among the labeled points, find the point where the force on the electron is greatest.





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 This figure shows the potential energy for an electron in a microelectronic device. From among the labeled points, find the rightmost point where the force on the electron points to the left.





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- A. No, because a negative potential energy is unphysical.
- B. No, because the kinetic energy of a system must be equal to its potential energy.
- C. Yes, as long as the total energy remains positive.
- D. Yes, as long as the total energy remains negative.
- E. Yes, because the choice of the zero of potential energy is arbitrary.



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- Which of the following statements is true about the total mechanical energy of a system?
 - A. It is constant if acted upon by a conservative force.
 - B. It is constant if acted upon by a nonconservative force.
 - C. It is always positive.

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D. It is equally divided between its kinetic energy and potential energy.





- To get to the second floor of the physics building, student A takes the elevator straight up, while student B walks up the stairway. Assuming that both students have the same mass, which of the following statements is true about their gravitational potential energy after reaching the second floor?
 - A. Student A has greater potential energy because he gets to the second floor faster.
 - B. Student B has greater potential energy because he has traveled a greater distance.
 - C. Both students have the same potential energy.

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D. It is impossible to tell because potential energy depends on the time elapsed and distance traveled.







A spring has a spring constant of 100 N/m. How much potential energy does it store when stretched by 10 cm?

A. 50 J B. 10 J C. 5.0 J D. 0.50 J E. 0.10 J

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